Useful Reading

This bibliography focuses on performance and the inhibition and development of performance potential. It is an eclectic list, though with a strong psychodynamic bias. It is not exhaustive. Any recommendations you would like to make, particularly for psychodynamically-informed texts, are welcome and can be sent to: info@analyticpractice.co.uk


Evans, A. Musical Confidence.


Perspective on creativity. Cresskill, NJ: Hampton Press.


Niederland, W.G (1958)


Rank, O. *Art and Artist: Creative Urge and Personality Development.*


